



PUNCHLINES

An MK Boxing Newsletter

Issue 3, March 2007

NEW at MK Boxing:

- Sunday Morning Class to be added Beginning May 6th
- Round 2: Youth Boxing Program Beginning Saturday, May 5th
- **Skip a Workout, Save a Life → Blood Drive at MK Boxing on May 18th**
- MK Boxing Birthday Parties

ANNOUNCEMENTS:

- **CONGRATULATIONS to our February Members of the Month, Chuck & Denise Nichols!** As February's winners, Chuck & Denise received a \$50 gift certificate to The Cheesecake Factory. Stay tuned for news of our March Member of the Month, who will win a \$50 gift certificate to Burlington's new Capital Grille.
- **Member Rewards Update:** \$350 in CASH was paid to MK Boxing members during the month of March. With MK Boxing Member Rewards, it is easy to earn cash rewards.

9 AM Sunday Morning Class:

Beginning May 6th

MK Boxing will offer a 9 AM Cardio Kickboxing class. This class is open to everyone.

Round 2: Youth Boxing Program:

Beginning May 5th

MK Boxing is pleased to offer the second, special 8-week, non-contact boxing program designed for boys and girls, ages 8 to 15 with good academic standing. Our own Jim McNally, a former world-ranked, professional boxer and Federal Alcohol, Tobacco and Firearms Special Agent will oversee this program. Jim is a former Golden Gloves and AAU New England Champion and Silver Medalist in the 1976 International Youth Games. He retired in 1983 with a professional record of 19-1. Our program is designed to instill confidence, dedication and discipline by focusing on boxing fundamentals. Students are accommodated on a first-come, first-served basis, so call now for confirmed class dates, pricing and registration!

Skip a Workout, Save a Life Blood Drive at MK Boxing:

Friday, May 18th

MK Boxing will host the Mass General Hospital Bloodmobile for a blood drive from 10 AM until 5 PM. Any MK Boxing member who signs up and donates blood will receive a FREE MK Boxing t-shirt. Call now for appointment/donation times!

MK Boxing Birthday Parties:

Beginning soon!

MK Boxing will be available to host girls and boys birthday parties. Stay tuned for program details or call/stop by the office for more information.

Continued health and prosperity to each of you and your families,

Best regards,

Mike



IT'S NOT YOUR OLD MAN'S BOXING GYM.

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